

***SKILLS FOR SURVIVING EVERYDAY LIFE***  
***PIERREFONDS, QUEBEC – JULY 13-15, 2007***

*Skills for surviving every day life* is the theme for this year's conference, with a continued focus on prevention. For the brain injury community across this country this requires a very special and specific skill set. This year our focus will be on surviving everyday life as a brain injury survivor, caregiver, family member, friend of a survivor, service deliverer and professional. We will examine just what it takes not only to survive life but also to do it effectively.

The primary focus for the conference is for brain injury survivors, their families, caregivers and brain injury service providers. All interested persons are hereby invited to submit papers and other materials of interest to be presented at this event.

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| <b>Friday</b>                | <b>July 13<sup>th</sup>, 2007</b>  |
| <b><u>9:00am-4:30pm</u></b>  | Board of Directors Annual Working Day ( <b>by invitation only</b> ) - Separate agenda                          |
| <b><u>3:00pm-6:00pm</u></b>  | General Registration   |
| <b><u>6:00pm-8:30pm</u></b>  | Welcome HOO-Hawaiian Oyster Odyssey<br>Meet and Greet Cocktail Party, as well as, Hot and Cold buffet provided |
| <b><u>8:30pm-Closing</u></b> | Option 1- Social Gathering on Terrace<br>Option 2- Explore Nightlife in Montreal (transportation at own cost)  |

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| <b>Saturday</b>               | <b>July 14<sup>th</sup>, 2007</b>  |
| <b><u>8:00am-8:45am</u></b>   | Buffet Breakfast (Hot and cold-served in dinning hall)   |
| <b><u>8:30am - 9:00am</u></b> | Final registration   |
| <b><u>8:45am-9:30am</u></b>   | Greetings from: <ul style="list-style-type: none"> <li>* BIAC Conference Chair -- <b>Meloni Lyon</b></li> <li>* BIAC President -- <b>Mireille Provost</b></li> <li>* <b>-The Honourable Hedy Fry, Critic for Sport and the Vancouver Olympics</b></li> </ul>   |
| <b><u>9:30am-10:30am</u></b>  | Plenary Session: Dr. Dona Ochterlony from St-Michael's Hospital.<br>She will speak about the rehabilitation of persons with acquired brain injury. "How to be the best you can be- beating the system!!!" She will cover what's available in the system, other places to look for therapy and how long to continue therapy. She will cover what's new in rehabilitation as well. |
| <b><u>10:30am-11:00am</u></b> | Nutrition Break  |
|                               | <b>Morning Breakout Sessions (Sessions are on a first come first serve basis)</b>  |

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| <p><b><u>11:00am-12:00pm</u></b></p> | <p><b>Stream A:</b> Patrick Hirschi<br/> <b>Rebuilding Successful Relationships after Brain Injury</b> Patrick is the President of NABIS or the Northern Alberta Brain Injury Society where he has served on the Board of Directors for fifteen years. His presentation will focus on "Rebuilding Successful Relationships after Brain Injury".</p>             | <p><b>Stream B:</b> Jo-Anne Aubut<br/> <b>Community Reintegration Following Acquired Brain Injury</b><br/> In this presentation, Jo-Anne will examine issues regarding community reintegration and some of the challenges faced by those recovering from an ABI and their family members.</p> | <p><b>Stream C:</b> Rick Guthrie, MSW, RSW- <b>Alberta Brain Injury Initiative</b> Rick is from Edmonton, AB is responsible for the Alberta Brain Injury Initiative (ABII), a community-based, collaborative model of service delivery, support and resource provision. He will present on this topic and the other provinces in this country will have much to gain from the example that Alberta sets.</p> |
| <p><b><u>12:00pm-1:00pm</u></b></p>  | <p>Lunch (Served in the dining Hall)</p>  |   |  |
|                                      | <p><b>Afternoon Breakout Sessions (Sessions are on a first come first serve basis)</b></p>  |   |  |
| <p><b><u>1:00pm-3:00pm</u></b></p>   | <p><b>Survivors forum:</b><br/> <b>Facilitated by George Kapetanakis</b>, Executive Director of Networks Activity Centre Society of Alberta in Edmonton. Presentations will also be given by a panel of various ABI Survivors from across the country; each will give an Account of their Journey! Ian Young, AB, Sarah Briggs, ON, and Steven Harrison, NB</p> |   |  |

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| <p><b><u>1:00pm-2:00pm</u></b></p> | <p><b>Stream A:</b><br/> <b>1:00pm-2:00pm</b><br/> Dr. Ruchi Sud, <b>Living Well</b><br/> Doctor of Naturopathic<br/> Medicine, and Teacher from<br/> the Art of Living Foundation.<br/> Her presentation will include<br/> information of living well day<br/> to day and a short mediation<br/> session that can be<br/> performed sitting in chairs. .</p>                               | <p><b>Stream B:</b><br/> <b>1:00pm-2pm</b><br/> Linh Tu <b>Couple relationships<br/> after acquired brain<br/> injury: a review</b><br/> In this presentation, Linh<br/> will explore the type of<br/> information available and<br/> what research has been<br/> conducted regarding the<br/> effects of a brain injury on<br/> couple relationships.</p>         | <p><b>Stream C:</b><br/> <b>1:00 pm-2:00pm</b><br/> Jo-Anne Aubut - <b>Rehabilitation<br/> of Cognitive Deficits Post-<br/> Acquired Brain Injury</b><br/> In this seminar, Jo-Anne will<br/> present on the cognitive<br/> rehabilitation interventions that<br/> have been discussed in the<br/> literature over the past few<br/> years.</p> |
| <p><b>2:00pm-3:00pm</b></p>        | <p><b>Stream A:</b><br/> Jessica Taylor<br/> <b>"My Hopes for the<br/> Forgotten People"</b><br/> Jessica was born in Ireland.<br/> She owned and operated a<br/> successful Merle Norman<br/> Cosmetics Business in Toronto<br/> until 1969 when a tragic<br/> accident changed the<br/> trajectory of her life.<br/> Presently, she campaigns for<br/> individuals with ABI, and will</p> | <p><b>Stream B:</b><br/> Shirley Johnson <b>BIAC<br/> Board Member.<br/> Money Matters</b><br/> Shirley is the Vice-<br/> President of BIAC. As a<br/> woman with several multi-<br/> generational family<br/> members with ABI, and a<br/> twenty year journey of<br/> experience from which to<br/> draw wisdom; she will give a<br/> presentation on "money</p> |   |

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|                       | present her story, book and movie.   | matters" and financial management for family members |  |
| <u>3:00pm-3:15pm</u>  | Nutritional Break  |  |  |
| <u>3:15pm-4:45pm</u>  | BIAC - Annual General Meeting (See separate agenda)  |  |  |
| <u>5:00pm-6:00pm</u>  | Dinner (Served in the Dining Hall)   |  |  |
| <u>6:00 pm</u>        | Free evening   |  |  |
| <b>Sunday</b>         | <b>July 15<sup>th</sup>, 2007</b>  |  |  |
| <u>8:00am-9:00am</u>  | Breakfast (Served in the Dining Hall)  |  |  |
| <u>9:00am-10:00am</u> | <b>Team Terrific!</b> From Courtenay, B.C. Karae White, Bed. Injury Prevention and Education Coordinator of the Comox Valley Head Injury Society This presentation will include four components including basic information about the brain, brain injury simulation, SMART RISK strategies and Survivor Stories. The program has increased helmet use and safety awareness, |  |  |

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|                        | as well as developing new skills among survivors who present their story in the area of communication, self-esteem and work readiness.   |
| <u>10:00am-11:00am</u> | Theo D'Hollander is presently from Ontario, but originally from "Writing on Stone Park". He owns a company called Xperiential Learning Solutions. His first career was in advanced technologies for major corporations. More recently motivated by his son with autism, he chose to focus his energy on the disability sector and develop a new technology. This technology creates empowering leisure, learning and therapeutic experiences for people with physical, cognitive or sensory needs. Here to bridge the gap between the disability and life/job opportunities individuals want or need is, Theo to present his unique perspective on Technology. |
| <u>11:00am-11:15am</u> | Nutritional Coffee Break!  |
| <u>11:15am-12:15pm</u> | Anne Schlarp of Kirpala Yoga is designed to lead us to an ever-increasing knowledge of our mind and body's needs in order to achieve and maintain good physical, mental and spiritual health.  |
| <u>12:30pm-1:30pm</u>  | Lunch (Served in the Dining Hall)  |

**Travel Home safely & thank you all for coming!**